

fairtrade
ethical
sustainable
local

ONE planet

COMMUNITY OWNED CO-OPERATIVE SHOP

Newsletter – February 2015

Testimonial

by Keith Robinson



1) What are your favourite items?

“My favourite items are the food items as they are healthy and help the environment, such as raw Coconut Oil & raw Cacao Powder, which I have used to experiment in making my own chocolate! Plus, I like the refillable products such as the washing up liquid, as I can use my old bottle to refill, which is helping the environment and it also is cheaper to do this. I also like to buy gifts and cards from the shop as they are appropriate, nice and I can always find the right gift to buy.”

2) What do you like about One Planet?

“What I like most about One Planet is that you can have good conversations with the staff and if you want a product that they don't have in, they will look into the product and stock it for you.



‘Love is in the air’



Historically, the stories of ‘Saint Valentine’s Day’ are linked with the celebrations and martyrdom in the early Church, as there were many Saints called ‘Valentinus’. A popular account is of Saint Valentine of Rome, who was imprisoned for holding secret marriage ceremonies of soldiers in opposition to Claudius II who had prohibited marriage for young men and, was executed by the end!

Later, in the Middle Ages, the day was associated with romantic love and since the 18th century, symbols of love have been given as gifts and hand written greetings cards (valentines) appeared.

In present day, Valentine’s Day is about showing your love to a special someone in your life with a card and gifts such as flowers and chocolates and has become a popular day for marriage proposals!



Want to show love and appreciation for your loved one, or even your pet?! Try One Planet for a range of very special gifts.

Packed with the aromas of blue cedar and Swedish mountain herbs & trees, this shower gel and soap are enhanced with natural vitamin E, glycerine and organic green tea, known for its antioxidant qualities

Our creamy milk chocolate Love Heart Lollipop, is made using the finest single origin beans in the Dominican Republic topped with melt in the mouth pieces of dried raspberry. Scrumptious enough to satisfy the most discerning chocolate lover!



Faith in Nature’s Happy Dog shampoo is suitable for dogs and puppies of all ages. It is made with organic chamomile extract to clean and freshen their coat and the gentle formula will leave your dog recharged and ready for life!

A wonderful gift for your faithful friend!



This makes you feel a part of the community and that your voice is heard. Because it is a small local business, I know that they are helping people out and when you walk in the shop, you know that the people want to help and that they are friendly."

"I have been shopping at One Planet since it has opened and will be carrying on shopping here for years to come!"

*Keith was interviewed by James & Rahil, our work placement students from Accrington College.

**We're not just a shop,
We're a Co-op!**

ARE YOU A MEMBER?

To find out more, visit the link on our website
www.oneplanet.coop/becomeamember

**Are you interested in
volunteering for
ONE Planet?**

Please contact Katy, our Branching out Manager on 07419 373313, as there are lots of ways you can help out!

Contact Us

ONE Planet,
54 Abbey Street,
Accrington, BB5 1EE

Web: www.oneplanet.coop

Email:
info@oneplanet.coop

Tel: (01254) 383604



/ONEplanetshop



@54AbbeyStreet



Fairtrade Fortnight is coming –
23 February - 8 March 2015!



ONE Planet is fully committed to supporting Fair Trade and we stock a wide range of products carrying the FAIRTRADE Mark.

The Fairtrade Foundation says *"We've come so far since the first Fairtrade Fortnight in 1995, educating the public on why to choose Fairtrade and increasing sales on Fairtrade terms for marginalised producers. Over the past 20 years, together we've made the Fairtrade mark the biggest and best known ethical label in the UK. But we know there is still a long way to go to make all trade fair – just 1.2% of cocoa and less than 10% of tea globally is traded on Fairtrade terms."*



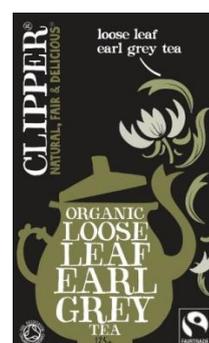
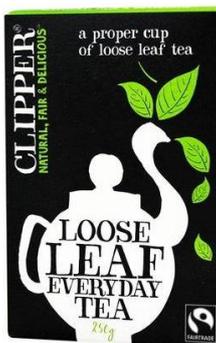
For Fairtrade Fortnight 2015, the Fairtrade Foundation are celebrating the impact of Fairtrade and asking us to learn more about the producers who grow the foods we love, with a focus on a few core commodities – cocoa, sugar, and tea! More information and resources are available from www.fairtrade.org.uk/fortnight and members of the team here at One Planet, can provide support, a speaker and/or a selection of Fairtrade products for sale at local schools, churches and community groups wishing to learn more! Interested? Contact Katy on 07789341720 or email branchingout@oneplanet.coop.



Here are some of the fabulous Fairtrade certified products on sale at ONE Planet!

Tiny titans of flavour & nutrition, this Fairtrade organic sun-dried Peruvian cacao powder from the Raw Chocolate Company, has a dark and full flavour, is totally natural and bursting with antioxidants and minerals. Cacao powder makes a nourishing and tasty addition to your baking and cooking.

Clipper products are made with pure ingredients and a clear conscience. They use only the highest-quality sources, add nothing artificial and strive to improve the welfare of the workers - which you can help with, by buying these products from One Planet during Fairtrade fortnight.



An unrefined dark raw cane sugar with a moist texture and full rich aroma and flavour, popular for use in gingerbread, cookies, chutneys and marinades. Produced by Traidcraft - at the heart of their company are the relationships they develop with their trading partners, helping them to develop skills and build sustainable livelihoods through trade.

This newsletter was designed with help from Rahil Khan and James Bennett from the Business course within Accrington & Rossendale College. *